****

**Name:**

**BU Email Address:**

**Workshop attended: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

 **Date attended: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

1. **The skill(s) I have learnt about today are:**
2. **I plan to apply and develop the skill(s) listed above by:**

**Workshop attended: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date attended: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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